

LUNCH MENU

Served until 5pm

WARM BAGUETTES

White or brown, with crisps and salad garnish

Mature Cheddar & Real Ale Chutney v	8.50
Ham & Cheddar	9.25
Vegan Cheese & Tomato v, vg	9.00
Tuna Mayo & Cucumber	9.00
Ham, Tomato & Mustard Mayo	9.00
Brie, Bacon & Cranberry	10.75
Cornish Blue Cheese, Bacon & Red Onion Marmalade	10.75
Kittows Pen 'n' Tinny Jumbo Sausage with Fried Onions	10.75
Tuna & Cheddar Melt	10.75

TRADITIONAL PLOUGHMAN'S

Served with brown or white baguette, pickled onion, ale chutney, coleslaw and salad

Chose from Mature Cheddar, Brie, Cornish Blue, Ham or Smoked Mackerel

Choice of One £13.50 or Choice of Two £15.00

ALLERGENS

GF* - Gluten Free | **GFO*** - Gluten Free Option Available | **V** - Vegetarian | **VG** - Vegan | **VGO*** - Vegan Option Available

All our allergen information is recorded and available upon request. Please let your server know about any allergen or intolerance you may have and we will be able to provide information on our ingredients. We take steps to minimise the risk of cross-contamination when preparing your food, however we do not have specific allergen-free zones in our kitchen and it is therefore not possible for us to fully guarantee separation of all allergens. If you would like further information on our preparation methods, please ask one of our team members.

JACKET POTATOES

Served with salad garnish

Just Butter v, gf	7.50
Cheddar v, gf	8.75
Cheddar & Beans	9.50
Tuna Mayo v, gf	9.75
Five Bean Chilli v, vg	10.50
Pulled BBQ Pork, Cheddar & Spring Onion	10.50

SMALLER APPETITE

Battered Catch of the Day gf Served with chips, mushy or garden peas and homemade tartare sauce	11.50
Breaded Wholetail Scampi With chips, mushy or garden peas and homemade tartare sauce	11.00
Ham, One Egg & Chips gf	10.75
Two Kittows Pen 'n' Tinny Sausages With mash, peas and onion gravy	11.00
Traditional Beef Lasagne With salad and garlic bread	11.75
Five Bean Chilli v, vgo, gf With rice, sour cream and salad	11.25



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