

LUNCH MENU

Served until 5pm

SANDWICHES

On white or malted brown with crisps and salad garnish

Mature Cheddar & Ale Chutney	8.25
Mature Cheddar with Ham	8.75
Tuna Mayo	8.50
Vegan Cheese & Tomato	8.50
Ham & Coleslaw	8.50

WARM BAGUETTES

White or brown, with crisps and salad garnish

Brie, Bacon & Cranberry	11.25
Cornish Blue, Bacon & Red Onion Marmalade	11.25
Tuna & Cheddar Melt	11.50
Kittows Pen 'n' Tinny Jumbo Sausage and Fried Onions	11.50
BBQ Pulled Pork, Cheddar & Crispy Onions	11.50

TRADITIONAL PLOUGHMAN'S

With brown or white baguette, pickled onion, ale chutney, coleslaw and salad

Chose from Mature Cheddar, Brie, Cornish Blue, Ham or Pork Pie

Choice of One £13.50 or Choice of Two £15.25

ALLERGENS

GF* - Gluten Free | GFO* - Gluten Free Option Available | V - Vegetarian | VG - Vegan | VGO* - Vegan Option Available

All our allergen information is recorded and available upon request. Please let your server know about any allergen or intolerance you may have and we will be able to provide information on our ingredients. We take steps to minimise the risk of cross-contamination when preparing your food, however we do not have specific allergen-free zones in our kitchen and it is therefore not possible for us to fully guarantee separation of all allergens. If you would like further information on our preparation methods, please ask one of our team members.

JACKET POTATOES

Served with salad garnish

Just Butter v, gf	7.50
Mature Cheddar v, gf Add beans for £1.00	9.25
Tuna Mayo gf Add cheddar for £1.00	10.25
Pulled BBQ Pork, Cheddar & Crispy Onion	11.75
Mature Cheddar & Ham gf	11.25
Five Bean Chilli v, vgo, gf Add cheddar or vegan cheese for £1.00	10.75

SMALLER APPETITE

Fish & Chips gf	12.00
In our own ale batter with chips, mushy or garden peas, lemon wedge and homemade tartare sauce	
Breaded Wholetail Scampi	11.50
With chips, mushy or garden peas, lemon wedge and homemade tartare sauce	
Ham, One Egg & Chips gf	11.00
With peas or baked beans	
Traditional Homemade Beef Lasagne	12.00
With salad and garlic bread	
Five Bean Chilli vg	11.50
With rice	
Four Cheese Mac & Cheese v	11.50
With garlic bread	
Two Kittows Pen 'n' Tinny Sausage gf	11.25
With creamy mash and onion gravy	



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